

WILDCAT ICE HOCKEY ***Player and Parent Guide***



1 Mission Statement

To teach and promote the game of girls ice hockey with pride and sportsmanship while still being competitive on the ice.

2 History

We begin the 19th season of Girls Ice Hockey. There have been many highlights and memories including a trip to the State Championship in 2011. Since 2011 York has competed in the next two Regional Finals, losing to Falmouth in 2012 and Scarborough in 2013. The last three seasons York lost in the second round to a State Finalist.

3 Cooperatives

In the 2016/17 hockey season, York entered into a team cooperative with Traip Academy and for the 2017/18 season York/Traip has added Marshwood to the cooperative. The new team will be referred to as the Wildcats and the MPA will refer to the team as York/Traip/Marshwood. Per cooperative rules, each team must be recognized on the ice and since York recently purchased new uniforms, labels will be placed on the helmets to recognize Traip and Marshwood.

4 Maine Principals' Association

The length of the game will remain at three 15-minute periods, with one ice cleaning after the second period and one 8-minute overtime period in the event of a tie.

The same Heal Point System that is currently used for boys' hockey, soccer and field hockey will be used for girls' ice hockey. MPA guidelines and heal point standings can be located at <http://www.mpa.cc/>.

The Ice Hockey Committee will present a sportsmanship banner to a North and South conference team. York was awarded the Sportsmanship Banner in 2016. Guidelines for the award can also be found on the MPA website.

5 Tryouts/Season

Tryouts will begin on Monday, November 4th Practices will be every Monday 5:00-6:20, Wednesday 5:00-6:10, Friday 5:00-6:20. There is a scrimmage scheduled on Nov. 14th at

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3:30 vs. Biddeford in Biddeford. On Saturday November 16th the Wildcats will travel to Yarmouth for a scrimmage at 6:20 pm. This game will be played at North Yarmouth Academy. On Tuesday November 19th the Wildcats will scrimmage Biddeford at 6:30 pm at the Rochester Ice Arena.

The final teams will be selected after our November 19th scrimmage. No player will be cut from the program. We will have Varsity and JV teams with opportunities for some players to swing between squads.

6 Varsity Schedule

This year's MPA league will consist of 16 teams with the varsity team playing a total of 18 league games. The Top 6 teams in our conference will make the playoffs.

A list of the teams is as follows.

Northern Conference	Southern Conference
Brunswick High School	Biddeford/Thornton/Wells/Sanford
Greely High School	Cape Elizabeth/Waynflete/South Portland
Edward Little/Leavitt/Poland	Cheverus/OOB
Lewiston High School	Falmouth High School
St. Dominic/Winthrop/GNG	Gorham/Bonny Eagle/Massabesic/Westbrook
Winslow/Gardner/Cony	Portland/Deering
Yarmouth/Freeport	Scarborough High School
Mt. Ararat/Morse/Lisbon	York/Traip/Marshwood

8 JV Schedule

The JV team will play other JV teams from Maine, New Hampshire and Massachusetts. As in previous years we will try to make the schedule as challenging as possible to prepare players for Varsity play in the future years. The JV squad is an extension of the varsity squad so periodically varsity players will be asked to play in JV games and JV players will be asked to participate in Varsity games or practices. In addition to regular games, the team may play in a JV tournament or participate in JV play days.

JV practice will be the same days and times as the Varsity.

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9 Communication

- The game and practice schedules will be posted on Rank One Sports.
<https://yorkathletics.rankonesport.com/AthleticPortal/School/Sport.aspx?S=5291&Sp=29&G=F>
- We encourage parents to enroll in the Rank One site for schedule updates, alerts, away game addresses, etc.
- Stories, changes and scores can also be followed on Twitter.
<https://twitter.com/YHSWildcats>
- We have a website where you can find important information, rosters, sponsors, schedules, and pictures. <https://yorkgirlshockey.weebly.com>
- Wildcats Girls Ice Hockey is also on Facebook and Instagram.

10 Ice Rinks

York uses three area rinks for games and practices.

Games	Rochester Ice Arena	63 Lowell St Rochester NH	603-335-6749
Games	Dover Ice Area	110 Portland Ave Dover NH	603-516-6060
Practice	Jackson's Landing	9 Old Piscataqua Rd Durham NH	603-868-3907

Other off-ice practices and meetings will be conducted from time to time.

11 Busing

Busing will be provided for all games and practices. In any event where players and/or their parents are required to provide their own transportation to a game, players will be required to arrive at the rink one hour before game time for a team meeting and game preparation.

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12 Transportation

The coaching staff feels strongly that players should ride the bus to and from the ice rink with their teammates. Only in rare situations will a player be permitted to ride to or from the rink with her parents. Permission to not ride the bus must be obtained in advance of the day of the event and NOT on the day of the event, except for injury or illness.

The school now has new rules governing the transportation of players by someone other than the player or their parent. Please educate yourself on the new policy.

Players, parents, guardians or coaches will not be permitted to use their cell phone while operating a motor vehicle while other players or teammates are in the car.

13 Pay to Participate

The Wildcat Program is a pay to participate program. Fees are required to pay for ice and other related costs, but they do not guarantee playing time or a spot on the varsity team. Players selected to the varsity team are not guaranteed playing time. The coaching staff's main goal is to teach participants the game of hockey and make the experience rewarding.

14 Tuition

The cost to play High School Hockey is \$950 per player. Players and their families are strongly encouraged to participate in fundraising. As a convenience, to parents and to help with budgeting and cash flow we allow participants to make two equal installments of: \$475 by November 15th and \$475 December 15th. Extensions beyond these dates will need approval by the board. Any past year's balances are still due and will be included on this year's invoice. Please pay promptly.

Any player can try out for the team and if at the end of tryouts, she decides that ice hockey is not for her, there will be no financial liability. However, if the player continues to participate in hockey after the November 19th scrimmage, then the parent or guardian would be obligated to pay the full tuition.

Checks should be made payable to Wildcat Ice Hockey Association and remitted to PO Box 36 York ME 03909. Financial questions can be directed to wildcatgirlshockey@gmail.com.

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15 Financial Assistance

The Boosters have also set aside a financial assistance fund to help players or potential players that can't afford the tuition. Players or parents should complete and return the application by November 19th. Please email yhsgirlsicehockey@gmail.com and/or wildcatgirlshockey@gmail.com for an application.

16 Code of Ethics and Eligibility

All participants will be required to sign the school's Code of Ethics contract. School policy will determine a player's eligibility for all high school players. Players missing the practice before a game, except for a school permitted excuse, will not be allowed to play in the following game. Although school work is more important than hockey, homework is not an excusable absence from practice, except during Mid Term exams.

17 Bona Fide Team Rule

A member of a school team is a student athlete who is regularly present for and actively participates in team practices and competitions. Bona fide members of a school team are prevented from missing high school practice or competition to complete or practice elsewhere.

*A single waiver per student athlete per sport season may be granted by the principal on a case-by-case basis for extraordinary circumstances (e.g. If a student/athlete were invited to participate in a prestigious weekend event, then a waiver may be granted. If a student/athlete were invited to participate in a nationally recognized tournament over a school vacation, then that waiver may be granted for that activity. If a student requests to miss practice every Friday because he/she is receiving specialized coaching from an outside team/coach, then a waiver should not be granted because it violates the spirit and intent of the rule.).

**This policy is not intended to restrict dual sport participation in schools that allow dual participation.

***Penalty for violation of this policy:

First Violation: Report violation to MPA office, suspension from play for one game/contest;
Second Violation: Report the violation to the MPA office, removal from team for remainder of season.

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18 Uniforms

Uniforms are the property of the boosters and reflect the team and therefore uniforms should be kept clean and neat. Uniforms should be on a hanger (and not in the hockey bag) when not being worn. Uniforms, including game socks shall not be worn at practice. Mouth guards are part of the required equipment and shall be worn in practice and in games.

19 Coaching Staff

Name	Position	Email	Cell #
Kevin Purdy	Head Varsity Coach	pkpurd@comcast.net	617-320-4681
David Fallon	Asst. Varsity Coach	Fallon280@yahoo.com	603-234-3804
David Fallon	Head JV Coach	Fallon280@yahoo.com	603-234-3804

20 Wildcat Girls Ice Hockey Boosters

During the spring of 2008, a group of parents formed a new Girls Ice Hockey Boosters Association at the high school. The president of the 2019/2020 Booster's club is currently Jeff Cohen. Other Board members are Katy Carr, Jeffrey Carr, Dan Sweeney, David Evans. Board positions are available. Please reach out to the board if you are interested. yhsgirlsicehockey@gmail.com.

A booster's club is an extension of the high school and is governed by the MPA. The role of the boosters club is to raise money to support the Wildcat Girls Ice Hockey program. To date the organization has raised tens of thousands of dollars from fundraisers such as the Raffle Calendar, Car Washes, Bake & Pie Sales and Comedy Night. The organization also sets the tuition rate, collects the tuition and pays the related costs of operating the team, the largest cost is ice time. Meetings are held monthly throughout the year and parents are encouraged to attend.